## ABSTRACT OF THE DISCLOSURE

A method of tracking progress of a beauty treatment regimen is disclosed. A typical individual undergoing the beauty treatment regimen may exhibit at least one indicia of progress. The indicia of progress may be substantially imperceptible to unenhanced sensory faculties, such as vision and touch, of a typical human in at least one stage of the beauty treatment regimen. The method may include prescribing a beauty treatment regimen to the individual, tracking the indicia of progress with respect to the individual, and advising the individual about positive progress in the beauty treatment regimen.